



I just love this picture... I used to maintain and construct Japanese Gardens years ago, and this picture takes me back there. To find such peace and serenity that is evoked in a man-made setting is so ironic. I can imagine myself walking or weeding or pruning in this garden... a nice fall escape to welcome in November.

GREAT NEWS.... The Fall Newsletter has been mailed... and the E-newsletter will be mailed next! Thank you to EVERYONE who helped to fold them... and thanks for all the \$10 offers to get it folded by the Daily Sentinel, We will look into that... But thank you .. I think we set a new record of 1 ½ days... actually about 7 hours total...

1. First a reminder from Jude Reis, one of our volunteers and working with the voting situation coming up. Jude suggested that volunteers who have care receivers living at home, can stop by and pick up a special needs Ballot by November 1 at 5PM. It's a great service to assist them, if they have no one else. Thanks for the suggestion Jude.
2. Just a reminder about November is Hospice and Family Caregiver Month, and in celebration we are having a gathering of Brave Heart Volunteers, Center for Community and Home Health Care at the Pioneers Home Manager's House On November 10<sup>th</sup>. It is open to the public, from 11:30-1PM, lunch will be served. Lots of information will be available.. and we hope you can stop by!
3. Our November Caregiver Education and Support Service meetin will feature Klaudia LeCesse and she will speak on "Common Mistakes in Care and interaction, Finding Creative Solutions and Resources." Lunch will be served, the gathering Be from 12-1 PM. All caregivers, volunteers and friends are welcome to attend.

4. We are really putting out the call for our Soup creators, bread bakers, cookie makers and Silent Auction items right NOW... If there is a way you can assist us, please let us know at the office soon. It should be a great event and we are looking Forward to it...
5. And finally,... If you brought cookies or brownies to the AK Day Open house... we have washed your plastic containers... and if you want them... please stop by and pick them up... Thank you Again for all of your hard work, time and energy.

I like this poem as well.. have a lovely weekend... and Happy Halloween and All Souls Day!

life is a garden,  
not a road

we enter and exit  
through the same gate

wandering,  
where we go matters less  
than what we notice

~ Bokonon ~

*(The Lost Book)*